



Dave Appleton

Director of Nursing
Independence Support

Registered Mental Health Nurse with 30+ years' NHS experience across inpatient, crisis and community mental health services.

Available for expert comment

Mental Health Services | NHS Pressures | Hospital Admission Prevention | Crisis Care | Hospital Discharge

Areas of Expertise

- Mental health services
- Crisis care
- Hospital admission prevention
- Hospital discharge
- Community mental health
- NHS pressures
- Integrated Care Boards
- NHS and social care integration
- Clinical leadership

About Dave

Dave Appleton is Director of Nursing at Independence Support (ISL) and a Registered Mental Health Nurse with **more than 30 years' experience across the NHS and community mental health services.**

Beginning his career as a Care Assistant on inpatient wards, Dave qualified as a Mental Health Nurse in 2004 before progressing into senior clinical and operational leadership roles. He has worked closely with NHS Trusts, Integrated Care Boards and Local Authorities to develop services that provide the right support at the right time. Dave is passionate about improving mental health care, preventing unnecessary hospital admissions and strengthening partnerships between health and social care.

Professional Experience

- 30+ years working within the NHS
- Registered Mental Health Nurse
- Senior leadership across inpatient and crisis services
- Extensive partnership working with NHS Trusts, Integrated Care Boards and Local Authorities
- Specialist in community mental health and hospital admission prevention
- Director of Nursing at Independence Support

Media Contact

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